

ST JOHN'S SUNSHINE PRE-SCHOOL

TOILETING AND NAPPY CHANGING POLICY

At St. John's Pre School, we accept children from the age of two years old and therefore fully understand that some children will still be in nappy's, being potty trained or will be fully toilet trained. It is our duty to ensure that all children are kept free from harm and that includes ensuring they have a clean dry nappy on, are changed as and when required if they have a toileting accident.

Our aim is to ensure that your child becomes confident and independent with their personal hygiene.

The following will occur;

- Children will only be changed by a staff member with a current DBS
- Children will be expected to assist with changing of clothing to aid their self-help skills.
- Parents are asked to supply a change of clothes (more if the child is toilet training)
- Parents are asked to supply nappies and wipes.
- Parents will be given all nappies to take home to be disposed of due to the fact that St. John's Sunshine Pre School is not able to dispose of these.

When changing nappies or wet/soiled clothes staff will ensure the following;

- Staff will wear gloves.
- Children's privacy and dignity will be kept always.
- Children should be placed on the mat provided if changing nappy.
- The nappy is to be placed into 1 nappy sack for wet and 2 nappy sacks for soiled.
- The child will be encouraged to wash their hands even after nappy changing.
- The mat is to be cleaned with Antibacterial wipes which are then to be disposed of in the bin.
- The staff member is then to wash their hands effectively with hot water and soap.
- The Nappy sack is then to be placed along with the child's belongings.
- Any dirty clothes to be placed in a nappy sack and placed back with the child's belongings.

When a child starts potty training the staff within the Pre School will take direction from the parents as to how they wish this to occur as all at St. John's Sunshine Pre School understand the importance in continuity for the child. We are happy for you to supply a potty at the start but this needs to be in a named bag. If the child does have an accident they will be changed in a calm way and will not be shouted or be punished for it in anyway. We also ask that you provide spare clothes and we suggest more than one change at the start of potty training, due to the child having accidents as well as getting messy or wet from activities within the Pre School.

We will encourage the child to be active in the full routine of toileting from taking down underwear, sitting on the toilet, wiping themselves when finished and pulling up of

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underwear and flushing the toilets. Children will then be expected to wash their hands at the sink provided with soap and water.

If your child has sensitive skin, please feel free to supply your own soap or discuss with the manager what soap is suitable as it may be best for all children.

We do have a limited supply of spare clothes and these will be supplied if you do not supply your own or your child runs out of their own clothes.

We do ask that the clothes are returned to us as soon as you have washed them.